



What power reading glasses do I need?

Print out our easy to use guide to find out!

Once printed, the line below should measure 1" in length.



When determining your reading glasses power follow the simple steps below:

- 1** Hold paper 14 inches away from your face, without glasses on.
- 2** Start reading the chart below beginning with the top row. If you cannot read the top line clearly move to the next row.
- 3** Repeat this process until you can clearly read an entire row.
- 4** When you reach a row you can clearly read, the reading glasses power that best suits your eyes is located to the right of that row.

If this text is clear, your eyes will be happiest with this power.

+ 1.00

If this text is clear, your eyes will be happiest with this power.

+ 1.25

If this text is clear, your eyes will be happiest with this power.

+ 1.50

If this text is clear, your eyes will be happiest with this power.

+ 1.75

If this text is clear, your eyes will be happiest with this power.

+ 2.00

If this text is clear, your eyes will be happiest with this power.

+ 2.50

Hint: Make sure to remove your glasses when you use the diopter chart. If you have different vision needs in your right and left eye, simply cover up one eye at a time to test each eye individually.